



## **POLICY STATEMENT**

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Distributed to:	All Clients and Staff
Initialed by:	John Rankin – President, Board

### **SUN SAFETY POLICY – CHILD CARE CENTRE**

#### **POLICY**

All children will have a healthy UV exposure balance to ensure they are protected from skin damage and skin cancer and get some UV for vitamin D formation.

Childcare staff will access the daily SunSmart UV Alert at [sunsmart.com.au](http://sunsmart.com.au) (or their own service website) to find out daily sun protection times and assist with the implementation of this policy.

#### **PROCEDURE**

From 1<sup>st</sup> September until 30<sup>th</sup> April:

- The centre requires all children to wear hats to protect the face, neck, and ears whenever they are outside. (legionnaire, broad-brimmed or bucket hats).
- Children who do not bring their own hat may borrow one of the Centre's hats which will be washed after each use.
- When outside, children are required to wear loose fitting clothing that covers as much skin as possible. Clothing made from cool, densely woven fabric is recommended. Tops with elbow length sleeves, and if possible, collars and knee length or longer style shorts and skirts are best. If a child is wearing a singlet top or dress should they wear a t-shirt/ shirt over the top when going outdoors.
- Outdoors activities will be rescheduled to before 11 a.m. on excessively hot days.
- Staff will act as role models by:
  - a. Wearing appropriate hats and clothing outdoors.
  - b. Using a 30+ sunscreen for skin protection.
  - c. Seeking shade whenever possible.

- SPF 30+ broad spectrum, water resistant sunscreen will be provided for all staff and children's use.
- All parents are responsible for applying SPF 30+ to their child before attending the centre. Sunscreen will then be re-applied by staff at least 20 minutes before outdoor play. Staff will sanitise hands after each individual application.
- From 3 years of age, children are encouraged to apply their own sunscreen under supervision of staff.
- Teaching about skin and ways to protect skin from the sun will be incorporated into the program.
- The Sun Safety policy will be reinforced in a positive way through parent newsletters and notice boards.
- Management will make sure there is a sufficient number of shelters and trees providing shade in the outdoor area.
- Activities are to be set up under shade.
- Children who do not have appropriate outdoor clothing will be required to play in the shade or a suitable area protected from the sun.

**When enrolling their child, parents will be:**

- Informed of the Sun safety policy.
- Asked to provide a suitable hat for their child's use.
- Required to give authority for staff to administer sunscreen and parents will be notified that their child will be encouraged to use their self-help skills in applying sunscreen to themselves under staff supervision.
- Encouraged to practice Sun Safety behaviour themselves.